



Breakfast

\$5 Breakfast
Specials!

Bahamian Breakfast! Stew fish, stew conch, chicken souse and boil fish served with johnny cake or grits. **MKT PRICE.**

American Breakfast	9.00
Eggs any style, bacon, home-style potatoes, grits and toast.	
Classic Eggs Benedict	15.00
Ham, poached eggs, English muffin and hollandaise with fruit or potatoes.	
Breakfast Sandwich	8.00
Egg, cheese and bacon on white or wheat toast.	
★ Tuna Salad Sandwich	5.00
Tuna seasoned with lime, mayonnaise, light salt and pepper served on homemade bread.	
French Toast	9.00
Topped with powdered sugar and syrup.	
Buttermilk Pancakes	9.00
Topped with powdered sugar and syrup.	
Croissant Sandwich	9.00
Eggs, cheese, bacon, lettuce and tomato.	
★ Fire Engine	5.00
Corned beef sautéed with Bahamian spices, served with grits.	
★ Tuna & Grits	5.00
Tuna salad with lime and mayo, served with grits.	
Stew Conch	20.00
Chicken Souse	15.00
Stew Fish	19.00
Omelet	14.00
3 eggs with a choice of 3 fillings, served with either home style potatoes, grits or toast.	
<i>Fillings: musrooms, onions, bell peppers, tomatoes, cheddar, Monterey Jack, mozzarella, bacon or sausage.</i>	
Steak & Eggs	25.00
NY Strip steak cooked to your preference, 2 eggs any style and home style potatoes.	
Waffles	8.75
Topped with powdered sugar and syrup.	
Chicken & Waffles	15.00
Waffles topped with house made chicken tenders and syrup.	

Sides

Toast (2 pieces)	2.00
Homestyle Potatoes	3.75
Eggs (2)	3.00
Bacon	3.00
Sausage	3.10
Extra Hollandaise	1.80

Appetizers

Coconut Shrimp	17.00
Fresh shrimp in a coconut batter, served with an orange marmalade sauce.	
Chicken Tenders	16.00
Battered and fried with house made honey mustard.	
Conch Bites	16.00
Tenderised local conch lightly battered & fried, served with lime & tartar sauce.	
Spinach Dip	16.75
House made and topped with melted swiss cheese, served with tortilla chips.	
Spicy Rock Shrimp	16.00
Golden fried shrimp coated with our secret spicy sauce.	
Ahi Tuna Nachos	22.00
Ahi tuna, crispy tortilla chips, avocados, sriracha sauce, ponzu glaze, jalapeños, green onions, cilantro & sesame seeds.	
Crispy Calamari & Jalapeños	19.00
Accompanied by marinara sauce.	
Chicken Wings	6 - 9.75 12 - 18.00
Your choice of BBQ, Jerk, Hot, Mild, Green Parrot Battered or Naked, served with blue cheese dipping sauce, served with carrots & celery.	
Mexican Eggrolls	15.00
Chicken, roasted corn, jalapeños, cilantro, shredded cheese and Mexican spices, served with salsa and sour cream.	

Sandwiches & Wraps

All sandwiches & wraps served with french fries.
Substitute for Sweet Potato Fries 1.00
Add house or caesar salad 3.50

Mahi Sandwich	21.00
Grilled or blackened fresh mahi served on a brioche bun with lettuce, tomato & onion.	
Caribbean Chicken Sandwich	19.75
Grilled or Jerk chicken breast with crispy bacon, served on a brioche bun with swiss cheese.	
Philly Fanatic	19.75
Grilled steak with caramelized onions, sautéed mushrooms and melted swiss cheese served on a sourdough baguette.	
Hotdog	10.75
Grilled jumbo hotdog on a hoagie roll.	
Island Club	18.25
Roasted turkey breast, honey ham, crispy bacon, lettuce and tomato layered on 3 toasted slices of old fashioned Bahamian bread.	
Conch Po' Boy	21.00
Conch conch topped with sautéed onions and peppers, with a spicy mayo sauce on a hoagie roll.	
Chicken Caesar Wrap	19.00
Diced grilled chicken, shaved parmesan cheese & fresh romaine lettuce, all tossed in our house made caesar dressing and bundled in a flour tortilla.	
Buffalo Chicken Wrap	19.50
Breaded buffalo chicken tenders with blue cheese dressing, shredded cheddar cheese, fresh romaine lettuce and local vine-ripened tomatoes, wrapped in a warm flour tortilla.	
Vegetarian Wrap	15.75
Tomatoes, mushrooms, onions and jalapeños cooked down and served in a warm flour tortilla with lettuce.	

Soups & Salads

Classic Caesar	16.50
<i>Chicken 18.00 Mahi 20.00 Shrimp 21.00 Cracked Conch 22.00</i>	
Fresh romaine, toasted croutons, parmesan cheese and house made caesar dressing.	
Greek Salad	18.00
<i>Chicken 20.00 Mahi 23.00 Shrimp 24.50</i>	
Fresh romaine and local mixed greens with crumbled feta cheese, cucumbers, red onions, tomatoes, olives served with a side of pita wedges.	



Entrées

Substitute a side for a Caesar Salad or Loaded Potato for \$2.00

Grilled Filet of Salmon/Ahi Tuna	38.00
Fresh grilled or blackened filet of Salmon or Ahi Tuna served with dill sauce and two sides.	
Jumbo Shrimp	32.00
Golden fried or grilled and served with 2 sides.	
Seafood Linguine	38.00
Conch, shrimp, broccoli and carrots tossed with your choice of a tomato basil or alfredo sauce. Served over linguini with garlic bread.	
Smoked Pork Ribs	1/2 Slab 27.00 Full Slab 34.00
Served with 2 sides. Add shrimp for an additional 12.00.	
Mahi Fingers	28.00
Lightly battered and fried golden brown. Served with 2 sides.	
Fresh Fish Tacos	23.75
Grilled fresh catch of the day topped with cole slaw & jalapeños in warm flour tortillas. Served with 2 sides.	
16 oz T-Bone Steak	52.00
Served with 2 sides. Add shrimp for an additional 12.00.	
Cracked Conch	29.00
Tenderized local conch lightly battered & fried, served with lime & tartar sauce. Served with 2 sides.	
Fried Snapper	Market Price
Crispy fried snapper, served with 2 sides.	
Green Parrot Family Size Fried Chicken	35.00
10 pieces of chicken with our special house-made seasonings, served with 2 sides.	
Seafood Trio	59.00
Fish fingers, fried shrimp & cracked conch. Lightly battered and fried golden brown. Served with our signature calypso dipping sauce. Served with 2 sides.	

Quesadillas

Tortillas stuffed with cheddar cheese, jalapeños, tomatoes, chilies & onions. Served with sour cream & salsa.

Chicken	18.00	Shrimp	22.00
Steak	19.00	Veggie	16.00

Burgers

Comes with handcut fries, lettuce & tomato, pickles, and onions. Any burger can be substituted with a veggie patty.

Naked Burger 16.00

8 oz. Prime Angus Beef grilled to your liking and served on a brioche bun.

Blazing Bacon Burger 18.75

8 oz. Prime Angus Beef topped with crispy bacon, caramelized onions, jalapeños, Monterey Jack cheese and BBQ sauce served on a brioche bun.

Greek Burger 19.00

Ground Angus Beef and New Zealand Lamb mixture, topped with roasted red peppers, Greek relish, kalamata olives, and crumbled cheese served on a brioche bun.

ADD THE FOLLOWING FOR 75¢
Cheddar, swiss, bacon, coleslaw, caramelized onions, sautéed mushrooms, jalapeños.

Pizza

Margherita 24.00

Fresh tomato sauce, basil, with Buffalo mozzarella cheese.

Proscuitto & Arugula 25.00

Thinly sliced proscuitto and fresh arugula.

Mediterranean 26.00

Artichokes, fresh tomatoes, kalamata olives and feta cheese.

Yukon Gold 26.00

Thinly sliced golden potatoes and mushrooms, topped with a drizzle of truffle oil.

Frutti Di Mare 30.00

Conch and shrimp.

Classic 23.00

Pepperoni and mozzarella cheese.

Vegan Menu

Buffalo Cauliflower Bites 12.00

Breaded and fried chunks of cauliflower dunked in a hot buffalo sauce.

Mushroom & Black Bean Burger 16.00

Mushrooms and a black bean patty on pita bread served with a mixed green salad & vinaigrette dressing.

Sides

*Not included in entrées side options.

Steamed Vegetables	5.00
French Fries	4.00
Sweet Potato Fries	5.00
Baked Potato	4.50
Loaded Potato*	6.25
Coleslaw	4.00
Macaroni	5.00
Peas n' Rice	5.00
Mixed Green Salad	5.00
Plantains	5.00
Side Caesar*	5.75

Dessert

Key Lime Pie	9.75
Chocolate Cake	12.00
Old Fashioned Cheesecake	10.00
Guava Duff	10.00