

Breakfast



**Bahamian Breakfast!** Stew fish, stew conch, chicken souse and boil fish served with johnny cake or grits. **MKT PRICE.** 

	<b>American Breakfast</b> Eggs any style, bacon, home-style potatoes, grits and toast.	9.00
	<b>Classic Eggs Benedict</b> Ham, poached eggs, English muffin and hollandaise with fruit potatoes.	<b>15.00</b> or
	<b>Breakfast Sandwich</b> Egg, cheese and bacon on white or wheat toast.	8.00
$\stackrel{\wedge}{\nabla}$	<b>Tuna Salad Sandwich</b> Tuna seasoned with lime, mayonnaise, light salt and pepper served on homemade bread.	5.00
	French Toast Topped with powdered sugar and syrup.	9.00
	<b>Buttermilk Pancakes</b> Topped with powdered sugar and syrup.	9.00
	<b>Croissant Sandwich</b> Eggs, cheese, bacon, lettuce and tomato.	9.00
₩	<b>Fire Engine</b> Corned beef sautéed with Bahamian spices, served with grits.	5.00
$\stackrel{\wedge}{\mathbb{W}}$	<b>Tuna &amp; Grits</b> Tuna salad with lime and mayo, served with grits.	5.00
	Stew Conch	20.00
	Chicken Souse	15.00
	Stew Fish	19.00
	<b>Omelet</b> 3 eggs with a choice of 3 fillings, served with either home style potatoes, grits or toast.	14.00

Fillings: musrooms, onions, bell peppers, tomatoes, cheddar, Monterey

NY Strip steak cooked to your preference, 2 eggs any style and

Waffles topped with house made chicken tenders and syrup.

Jack, mozzarella, bacon or sausage.

Topped with powdered sugar and syrup.

Steak & Eggs

Waffles

home style potatoes.

Chicken & Waffles

Sides	
Toast (2 pieces)	2.00
Homestyle Potatoes	3.75
Eggs (2)	3.00
Bacon	3.00
Sausage	3.10
Extra Hollandaise	1.80

Appetizers

Coconut Shrimp

17.00

Fresh shrimp in a coconut batter, served with an orange marmalade sauce.

**Chicken Tenders** 

16.00

Battered and fried with house made honey mustard.

**Conch Bites**Tenderised local conch lightly battered & fried, served with lime & tartar sauce.

Spinach Dip 16.75

House made and topped with melted swiss cheese, served with tortilla chips.

Spicy Rock Shrimp

Golden fried shrimp coated with our secret spicy sauce.

Ahi Tuna Nachos 22.00

Ahi tuna, crispy tortilla chips, avocados, sriracha sauce, ponzu glaze, jalapeños, green onions, cilantro & sesame seeds.

Crispy Calamari & Jalapeños

19.00

16.00

Accompanied by marinara sauce.

Chicken Wings

6 - 9.75 12 - 18.00

Your choice of BBQ, Jerk, Hot, Mild, Green Parrot Battered or Naked, served with blue cheese dipping sauce, served with carrots & celery.

**Mexican Eggrolls** 

15.00

Chicken, roasted corn, jalapeños, cilantro, shredded cheese and Mexican spices, served with salsa and sour cream.

Sandwiches & Wraps

All sandwiches & wraps served with french fries. Substitute for Sweet Potato Fries 1.00 Add house or caesar salad 3.50

**Mahi Sandwich** 

21.00

Grilled or blackened fresh mahi served on a brioche bun with lettuce, tomato & onion.

**Caribbean Chicken Sandwich** 

19.75

Grilled or Jerk chicken breast with crispy bacon, served on a brioche bun with swiss cheese.

**Philly Fanatic** 

19.75

Grilled steak with caramelized onions, sautéed mushrooms and melted swiss cheese served on a sourdough baguette.

Hotdog

10.75

Grilled jumbo hotdog on a hoagie roll.

Island Club 18.25

Roasted turkey breast, honey ham, crispy bacon, lettuce and tomato layered on 3 toasted slices of old fashioned Bahamian bread.

Conch Po' Boy

21.00

Conch conch topped with sautéed onions and peppers, with a spicy mayo sauce on a hoagie roll.

Chicken Caesar Wrap

19.00

Diced grilled chicken, shaved parmesan cheese & fresh romaine lettuce, all tossed in our house made caesar dressing and bundled in a flour tortilla.

**Buffalo Chicken Wrap** 

19.50

Breaded buffalo chicken tenders with blue cheese dressing, shredded cheddar cheese, fresh romaine lettuce and local vine-ripened tomatoes, wrapped in a warm flour tortilla.

Vegetarian Wrap

15.75

Tomatoes, mushrooms, onions and jalapeños cooked down and served in a warm flour tortilla with lettuce.

Soups & Salads

Classic Caesar

16.50

Chicken 18.00 Mahi 20.00 Shrimp 21.00 Cracked Conch 22.00

Fresh romaine, toasted croutons, parmesan cheese and house made caesar dressing.

Greek Salad
Chicken 20.00 Mahi 23.00 Shrimp 24.50

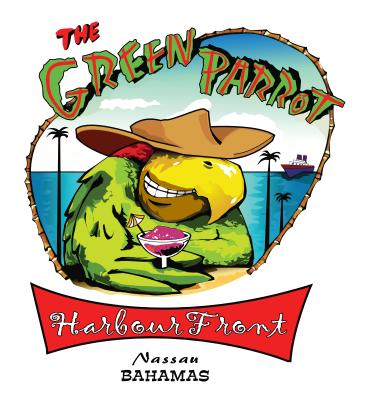
18.00

Fresh romaine and local mixed greens with crumbled feta cheese, cucumbers, red onions, tomatoes, olives served with a side of pita wedges.

25.00

8.75

15.00





## Substitute a side for a Caesar Salad or Loaded Potato for \$2.00

## Grilled Filet of Salmon/Ahi Tuna

Fresh grilled or blackened filet of Salmon or Ahi Tuna served with dill sauce and two sides.

#### Jumbo Shrimp 32.00

Golden fried or grilled and served with 2 sides.

#### **Seafood Linguine** 38.00

Conch, shrimp, broccoli and carrots tossed with your choice of a tomato basil or alfredo sauce. Served over linguini with garlic bread.

#### **Smoked Pork Ribs** 1/2 Slab **27.00** Full Slab **34.00**

Served with 2 sides. Add shrimp for an additional 12.00.

## **Mahi Fingers**

Lightly battered and fried golden brown. Served with 2 sides.

#### Fresh Fish Tacos 23.75

Grilled fresh catch of the day topped with cole slaw & jalapeños in warm flour tortillas. Served with 2 sides.

#### 16 oz T-Bone Steak 52.00

Served with 2 sides. Add shrimp for an additional 12.00.

#### 29.00 Cracked Conch

Tenderized local conch lightly battered & fried, served with lime & tartar sauce. Served with 2 sides.

#### **Fried Snapper Market Price**

Crispy fried snapper, served with 2 sides.

#### Green Parrot Family Size Fried Chicken 35.00

10 pieces of chicken with our special house-made seasonings, served with 2 sides.

## **Seafood Trio**

Fish fingers, fried shrimp & cracked conch. Lightly battered and fried golden brown. Served with our signature calypso dipping sauce. Served with 2 sides.

Quesadillas

Tortillas stuffed with cheddar cheese, jalapeños, tomatoes, chilies & onions. Served with sour cream & salsa.

Chicken	18.00	Shrimp	22.00
Steak	19.00	Veggie	16.00

## Burgers

Comes with handcut fries, lettuce & tomato, pickles, and onions. Any burger can be substituted with a veggie patty.

## Naked Burger

8 oz. Prime Angus Beef grilled to your liking and served

on a brioche bun.

## Blazing Bacon Burger

18.75

16.00

8 oz. Prime Angus Beef topped with crispy bacon, caramelized onions, jalapeños, Monterey Jack cheese and BBQ sauce served on a brioche bun.

#### **Greek Burger**

Ground Angus Beef and New Zealand Lamb mixture, topped with roasted red peppers, Greek relish, kalamata olives, and crumbled cheese served on a brioche bun.

#### ADD THE FOLLOWING FOR 75¢

Cheddar, swiss, bacon, coleslaw, caramelized onions, sautéed musrooms, jalapeños.

#### Margherita 24.00

Fresh tomato sauce, basil, with Buffalo mozzarella cheese.

## Proscuitto & Arugula

25.00

Thinly sliced proscuitto and fresh arugula.

#### Mediterranean

26.00

Artichokes, fresh tomatoes, kalamata olives and feta cheese.

#### Yukon Gold

26.00

Thinly sliced golden potatoes and mushrooms, vvvtopped with a drizzle of truffle oil.

#### Frutti Di Mare

30.00

Conch and shrimp.

## Classic

23.00

Pepperoni and mozzarella cheese.

# Vegan Menn

## **Buffalo Cauliflower Bites**

12.00

Breaded and fried chunks of cauliflower dunked in a hot buffalo sauce.

## Mushroom & Black Bean Burger

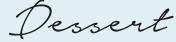
16.00

Mushrooms and a black bean patty on pita bread served with a mixed green salad & vinaigrette dressing.



## \*Not included in entrées side options.

Steamed Vegetables	5.00
French Fries	4.00
Sweet Potato Fries	5.00
Baked Potato	4.50
Loaded Potato*	6.25
Coleslaw	4.00
Macaroni	5.00
Peas n' Rice	5.00
Mixed Green Salad	5.00
Plantains	5.00
Side Caesar*	5.75



Key Lime Pie	9.75
	12.00
Chocolate Cake	10.00
Old Fashioned Cheesecake	
Guava Duff	10.00