



Breakfast

Saturday & Sunday Only Stew fish, stew conch, chicken souse and boil fish served with johnny cake or grits.

American Breakfast	8.50
Eggs any style, bacon, home-style potatoes, grits and toast.	
Classic Eggs Benedict	14.00
Ham, poached eggs, English muffin and hollandaise with fruit or potatoes.	
Breakfast Sandwich	8.00
Egg, cheese and bacon on white or wheat toast.	
Tuna Salad Sandwich	5.00
Tuna seasoned with lime, mayonnaise, light salt and pepper served on homemade bread.	
French Toast	8.00
Topped with powdered sugar and syrup.	
Buttermilk Pancakes	8.00
Topped with powdered sugar and syrup.	
Croissant Sandwich	8.00
Eggs, cheese, bacon, lettuce and tomato.	
Fire Engine	5.00
Corned beef sautéed with Bahamian spices, served with grits.	
Tuna & Grits	5.00
Tuna salad with lime and mayo, served with grits.	
Omelet	12.00
3 eggs with a choice of 3 fillings, served with either home style potatoes, grits or toast.	
<i>Fillings: mushrooms, onions, bell peppers, tomatoes, cheddar, Monterey Jack, mozzarella, bacon or sausage.</i>	
Steak & Eggs	21.00
NY Strip steak cooked to your preference, 2 eggs any style and home style potatoes.	
Waffles	8.00
Topped with powdered sugar and syrup.	
Chicken & Waffles	14.00
Waffles topped with house made chicken tenders and syrup.	

Sides

Toast (2 pieces)	2.00
Homestyle Potatoes	2.25
Eggs (2)	2.50
Bacon	3.00
Sausage	3.10
Extra Hollandaise	1.80

Appetizers

Coconut Shrimp	16.00	
Fresh shrimp in a coconut batter, served with an orange marmalade sauce.		
Chicken Tenders	15.00	
Battered and fried with house made honey mustard.		
Spinach Dip	15.75	
House made and topped with melted swiss cheese, served with tortilla chips.		
Spicy Rock Shrimp	16.00	
Golden fried shrimp coated with our secret spicy sauce.		
Ahi Tuna Nachos	21.00	
Ahi tuna, crispy tortilla chips, avocados, sriracha sauce, ponzu glaze, jalapeños, green onions, cilantro & sesame seeds.		
Crispy Calamari & Jalapeños	18.00	
Accompanied by marinara sauce.		
Chicken Wings	6 - 9.75	12 - 18.00
Your choice of BBQ, Jerk, Hot, Mild, Green Parrot Battered or Naked, served with blue cheese dipping sauce, served with carrots & celery.		
Mexican Eggrolls	14.00	
Chicken, roasted corn, jalapeños, cilantro, shredded cheese and Mexican spices, served with salsa and sour cream.		

Sandwiches & Wraps

All sandwiches & wraps served with french fries.
Substitute for Sweet Potato Fries 1.00
Add house or caesar salad 3.50

Mahi Sandwich	19.75
Grilled or blackened fresh mahi served on a brioche bun with lettuce, tomato & onion.	
Caribbean Chicken Sandwich	18.75
Grilled or Jerk chicken breast with crispy bacon, served on a brioche bun with swiss cheese.	
Philly Fanatic	18.75
Grilled steak with caramelized onions, sautéed mushrooms and melted swiss cheese served on a sourdough baguette.	
Hotdog	10.75
Grilled jumbo hotdog on a hoagie roll.	
Island Club	18.25
Roasted turkey breast, honey ham, crispy bacon, lettuce and tomato layered on 3 toasted slices of old fashioned Bahamian bread..	
Conch Po' Boy	19.75
Conch conch topped with sautéed onions and peppers, with a spicy mayo sauce on a hoagie roll.	
Chicken Caesar Wrap	18.50
Diced grilled chicken, shaved parmesan cheese & fresh romaine lettuce, all tossed in our house made caesar dressing and bundled in a flour tortilla.	
Buffalo Chicken Wrap	18.50
Breaded buffalo chicken tenders with blue cheese dressing, shredded cheddar cheese, fresh romaine lettuce and local vine-ripened tomatoes, wrapped in a warm flour tortilla.	
Vegetarian Wrap	14.75
Tomatoes, mushrooms, onions and jalapeños cooked down and served in a warm flour tortilla with lettuce.	

Soups & Salads

Curry Chowder Cup	12.00
Classic Caesar	14.75
<i>Chicken • 17.00 Mahi • 19.00 Shrimp • 19.75 Cracked Conch • 20</i>	
Fresh romaine, toasted croutons, parmesan cheese and house made caesar dressing.	
Greek Salad	16.00
<i>Chicken • 18.00 Mahi • 21.00 Shrimp • 21.50</i>	
Fresh romaine and local mixed greens with crumbled feta cheese, cucumbers, red onions, tomatoes, olives served with a side of pita wedges.	



Entrées

Substitute a side for a Caesar Salad or Loaded Potato for \$2.00

Grilled Filet of Salmon/Ahi Tuna 36.50

Fresh grilled or blackened filet of Salmon/Ahi Tuna, served with hollandaise sauce and two sides.

Jumbo Shrimp 29.75

Golden fried or grilled and served with 2 sides.

Seafood Linguine 38.00

Conch, shrimp, broccoli and carrots tossed with your choice of a tomato basil or alfredo sauce. Served over linguine with garlic bread.

Smoked Pork Ribs 1/2 slab 24.00 full slab 31.50

Add shrimp • 12.00

Served with 2 sides.

Mahi Fingers 25.00

Lightly battered and fried golden brown. Served with 2 sides.

Fresh Fish Tacos 22.75

Grilled fresh catch of the day topped with coleslaw & jalapeños in warm flour tortillas. Served with 2 sides.

16 oz T-Bone Steak 42.00

Add shrimp • 12.00

Served with 2 sides.

Cracked Conch 26.00

Tenderized local conch lightly battered & served with tartar sauce. Served with 2 sides.

Fried Snapper Market Price

Crispy fried snapper, served with 2 sides.

Green Parrot Family Size Fried Chicken 35.00

10 pieces of chicken with our special house made seasonings, served with 2 sides.

Seafood Trio 59.00

Fish fingers, fried shrimp & cracked conch. Lightly battered and fried golden brown. Served with our signature calypso dipping sauce. Served with 2 sides.

Quesadillas

Tortillas stuffed with cheddar cheese, jalapeños, tomatoes, chilies & onions. Served with sour cream & salsa.

Chicken	17.50	Shrimp	21.00
Steak	18.50	Veggie	14.50

Burgers

Comes with handcut fries, lettuce & tomato, pickles, and onions. Any burger can be substituted with a veggie patty.

Naked Burger 15.00

8 oz. Prime Angus Beef grilled to your liking on a brioche bun.

Blazing Bacon Burger 18.75

8 oz. Prime Angus Beef topped with crispy onions, jalapeños, Monterey Jack cheese on a brioche bun.

Greek Burger 18.25

Ground Angus Beef and New Zealand Lamb mixed with roasted red peppers, Greek relish, kalamata cheese served on a brioche bun.

ADD THE FOLLOWING FOR 75¢

Cheddar, swiss, bacon, coleslaw, caramelized onions, sautéed mushrooms, jalapeños.

Pizza

Margherita 23.00

Fresh tomato sauce, basil, with Buffalo mozzarella.

Proscuitto & Arugula 24.00

Thinly sliced proscuitto and fresh arugula.

Mediterranean 25.00

Artichokes, fresh tomatoes, kalamata olives.

Yukon Gold 25.00

Thinly sliced golden potatoes and mushrooms topped with a drizzle of truffle oil.

Frutti Di Mare 28.00

Conch and shrimp served over linguine with garlic bread.

Classic 20.00

Pepperoni and mozzarella cheese

Sides

Served with 2 sides.

*Not included in entrées side options.

Steamed Vegetables	5.00
French Fries	4.00
Sweet Potato Fries	5.00
Baked Potato	4.50
Loaded Potato*	6.25
Coleslaw	4.00
Macaroni	5.00
Peas n' Rice	5.00
Mixed Green Salad	5.00
Plantains	5.00
Side Caesar*	5.75

Dessert

Key Lime Pie	9.75
Chocolate Cake	12.00
Old Fashioned Cheesecake	10.00
Guava Duff	10.00

Vegan Menu

Buffalo Cauliflower Bites

Breaded and fried chunks of cauliflower dusted with hot buffalo sauce.

Mushroom & Black Bean Burger 15.00

Mushrooms and a black bean patty on pita bread with a mixed green salad & vinaigrette dressing.